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Isotopic Insights into Nutrient Contributions and Transport Pathways in North-Central Florida Bay

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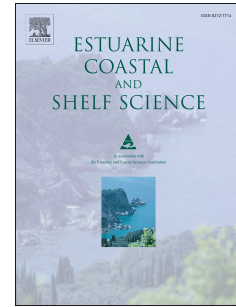
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24

25 **Abstract:** Coastal nutrient loading is a primary driver of changes to habitat structure, species diversity, and  
26 increases in hypoxia and harmful algal blooms in estuaries worldwide. Understanding both nutrient source  
27 contributions and transport mechanisms is critical for effective management and mitigation. Using stable isotopes,  
28 this study aimed to evaluate relative contributions of nutrient sources influencing the coastal Everglades, specifically  
29 lake systems along the north-central boundary of Florida Bay. Carbon, nitrogen, and sulfur stable isotope values of  
30 algae grown *in situ* were used as a natural tracer of nutrient sources across hydrologic seasons (wet and dry seasons  
31 of 2021-2022), and across a north to south estuarine gradient in these coastal lake systems. Mean  $\delta^{15}\text{N}$  values (+2 to  
32 +3‰), consistent across both space and time, provided evidence that allochthonous N may primarily influence this  
33 region. Spatial variation in isotopic values across the study system provided evidence of a dynamic nutrient regime  
34 with varying sources across space. Bayesian mixing models identified a mixture of upstream marsh and downstream  
35 bay derived nutrients influencing the nutrient regime of the system. Seasonally, we observed higher marsh derived  
36 nutrient inputs in the upper portion of the system during the wet season, and greater nutrient inputs from Florida bay  
37 during the dry season, primarily in the lower portion of the estuary. This study highlights how freshwater flows,  
38 influenced by restoration efforts, and marine inputs, predicted to increase with accelerating sea level rise, can  
39 influence nutrient inputs to coastal regions.

40 **Key Words:** nutrients, nitrogen, stable isotopes, estuary, Florida Bay, algae

41

## 42 Introduction

43 Excess nutrient loading leading to eutrophy and poor water quality are a widespread concern facing coastal  
44 regions worldwide (Nixon et al., 1986; Valiela, 2006; Todd et al., 2019; Malone & Newton, 2020). Globally,  
45 estuarine and coastal waters have shifted from balanced and productive ecosystems to ones experiencing sudden  
46 trophic changes, biogeochemical alterations, and deteriorating habitat quality that can be difficult to revert and thus  
47 can persist for decades, despite restoration efforts (Pinckney et al., 2001; McCrackin et al., 2017). In the United  
48 States and European Union, eutrophic conditions occur in more than half of coastal waters (Breitburg et al., 2018;  
49 Malone & Newton, 2020). Global impacts of coastal nutrient pollution include changes to habitat structure,  
50 decreased biodiversity, and increased hypoxic events and harmful algal blooms (Cloern, 2001; Glibert et al. 2005a,  
51 2005b; Melesse et al., 2008).

52 Sources of nutrients entering estuarine ecosystems can vary as they are derived from a variety of anthropogenic  
53 and natural processes (Munn et al., 2018; Todd et al., 2019). Estuarine ecosystems are strongly regulated by  
54 hydrologic processes, which control nutrient loading from both marine and terrestrial influences (Koch et al., 2012).  
55 For instance, river runoff and atmospheric deposition contribute to the majority of anthropogenic N in coastal  
56 ecosystems (Howarth et al., 1996; Green et al., 2004; Howarth, 2008; Jickells et al., 2017). Worldwide, over half of  
57 the dissolved inorganic nitrogen (DIN) entering coastal ecosystems is derived from anthropogenic sources  
58 (Galloway et al., 2004; Howarth, 2008; Lee et al., 2016). Natural inputs of nitrogen to coastal systems include  
59 organic matter recycling, riverine inputs, atmospheric deposition, biological N fixation, and onshore transport from  
60 the open ocean (Voss et al., 2011). Globally, 95% of nutrients enter coastal systems through nonpoint (diffuse)  
61 source inputs (Malone & Newton, 2020) and identifying their origin can be challenging.

62 Stable isotopes have proven to be a powerful tool to identify nutrient sources. Several studies have shown  
63 nitrogen (N), carbon (C), and sulfur (S) stable isotopes to act as useful tracers of nutrients entering coastal estuarine  
64 systems (Kendall et al., 2008; Bruland & Mackenzie, 2010; Swart et al., 2013; Jones et al., 2018; Murphy et al.,  
65 2022). For instance,  $\delta^{15}\text{N}$  ( $^{15}\text{N}/^{14}\text{N}$  isotopic ratio) values have been used to distinguish between anthropogenically-  
66 derived and natural N sources (McClelland & Valiela, 1997; Costanzo et al., 1988; Bannon et al., 2008; Bruland &  
67 Mackenzie, 2010; Swart et al., 2013).  $\delta^{13}\text{C}$  ( $^{13}\text{C}/^{12}\text{C}$  isotopic ratio) values often produce strong spatial gradients in  
68 estuaries, with more enriched  $\delta^{13}\text{C}$  in marine areas and more depleted values in freshwater reaches, where greater

69 respiration depletes  $\delta^{13}\text{C}$  (O'Leary, 1988; Mook and Tan, 1991; Chanton and Lewis, 1999; Hellings et al., 1999).  
70 Furthermore, variation in  $\delta^{13}\text{C}$  values can be used to determine rates of production, indicating nutrient availability  
71 and temperature (Fry & Wainwright, 1991; Swart et al., 2013). Differences in  $\delta^{34}\text{S}$  ( $\delta^{34}\text{S}/\delta^{32}\text{S}$  isotopic ratio) values  
72 can distinguish among sources of S derived from porewater vs. rainwater sulfates, sedimentary sulfides, and S  
73 present in the water column, with a gradient of greater enrichment from fresh to marine waters (Fry et al., 1982;  
74 Peterson & Fry, 1987; Connolly et al., 2004).

75 Florida Bay is historically characterized as a highly oligotrophic system containing low surface water nitrogen  
76 and phosphorus (P) concentrations (Rudnick et al., 1999; Glibert et al., 2009). However, as a product of decades of  
77 chronic deficits in freshwater inflows and resulting hypersalinity, Florida Bay has experienced recurring seagrass  
78 die-offs, increased nutrient concentrations, and persistent algal blooms (Philips & Badylak, 1996; Zieman et al.,  
79 1999; Hall et al., 2016; Glibert et al. 2021). The central region of Florida Bay is where N from Everglades  
80 freshwater inputs converges with P derived from the Gulf of Mexico, making it the region of Florida Bay with the  
81 highest chlorophyll-a concentrations and water column productivity (Fourqurean and Robblee 1999; Madden, 2010).  
82 Furthermore, this region of Florida Bay most prominently displays ecosystem shifts, as it has the lowest freshwater  
83 inputs and highest water residence times, and thus the greatest degree of hydrologic isolation (Glibert et al., 2009;  
84 Madden, 2010). Current efforts to restore the Everglades ecosystem aim to improve the quantity, quality,  
85 distribution, and timing of water flows into Florida Bay (USACE and SFWMD, 2011a; National Academies of  
86 Sciences, Engineering, and Medicine, 2022). Following restoration efforts, studies have shown continued shifts  
87 toward greater DIN loading in the mangrove transition zone at the wetland-bay interface of north-central Florida  
88 Bay with subsequent increases in phytoplankton blooms, primarily consisting of the picocyanobacterium  
89 *Synechococcus* spp., that extend out into central Florida Bay (Shangguan et al., 2017a; Glibert et al., 2021).  
90 Although P is the limiting nutrient throughout the Everglades ecosystem (Rudnick et al., 1999), the *Synechococcus*  
91 spp. has numerous physiological mechanisms which allow for its sustained growth in low phosphate and high  
92 ammonium conditions that characterize this region (Shangguan et al., 2017b; Glibert et al. 2021). Given the role of  
93 nutrients in fueling these blooms, it is important to understand both the sources of nutrient inputs and the pathways  
94 through which they are transported into and within the system.

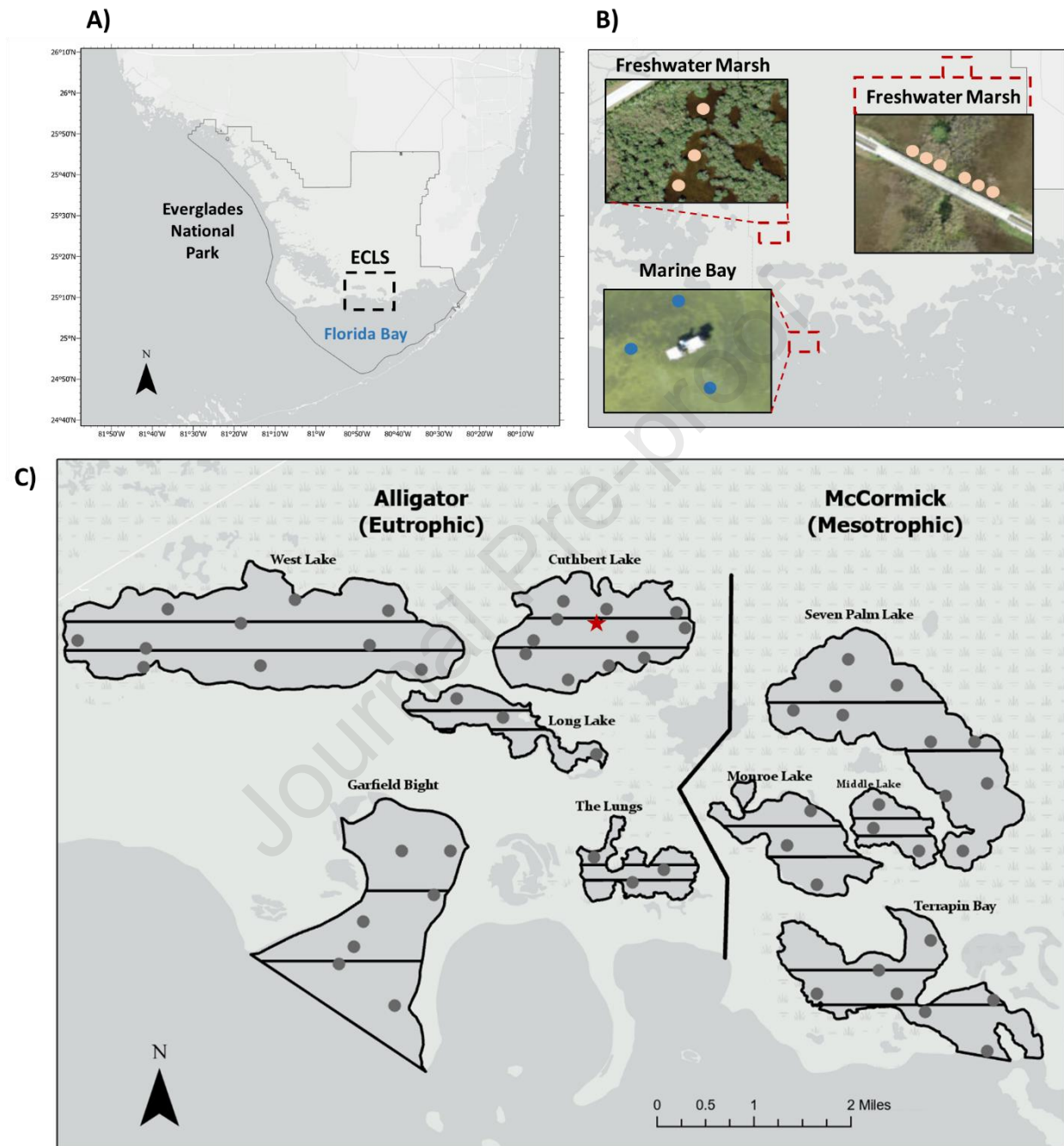
95 In this study, we used natural abundance stable isotope tracers ( $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ ,  $\delta^{34}\text{S}$ ) from algae, collected using *in*  
96 *situ* artificial substrate samplers, to identify the seasonal contributions of nutrients entering the north-central Florida  
97 Bay region. This study traces nutrient dynamics by analyzing isotopic patterns aligned with known hydrologic and  
98 ecological gradients, enabling us to infer the relative contributions of nitrogen inputs and their transport through the  
99 system. Specifically, our study asked two questions: (1) What are the primary contributions and associated transport  
100 mechanisms of nutrient input to the systems? (2) and how do nutrient contributions and transport dynamics vary  
101 spatially across water bodies and temporally between hydrologic seasons? Given the geographic isolation, regional  
102 hydrology, and previous research findings of the study site, expected potential nutrient inputs include atmospheric  
103 deposition, surface and groundwater flows,  $\text{N}_2$  biological fixation, internal recycling processes, and legacy nutrients  
104 from historic wading bird rookeries and waterfowl populations (Corbett et al., 1999; Sutula et al., 2001; Inglett et al.,  
105 2011; Eggenberger et al. 2019; Owens et al., 2021). We hypothesized that upstream nutrient inputs would dominate  
106 during the wet season as greater freshwater flow has the potential to transport nutrients to the system, while the dry  
107 season would primarily be influenced by either nutrients derived from downstream reverse flow into the system or  
108 greater internal recycling processes (Sutula et al., 2001; Frankovich et al., 2011; Glibert et al., 2021; Shangquan et  
109 al. 2017a; Owens et al., 2021). We expected spatial and temporal gradients to follow a trend such that northern areas  
110 would experience greater influence from freshwater marsh-derived nutrients, primarily in the wet season, while the  
111 southern portions of the system would be more influenced by Florida Bay associated nutrient sources, primarily in  
112 the dry season (Sutula et al., 2001; Frankovich et al., 2011).

## 113 2. Materials and Methods

### 114 2.1 Study system

115 We focused our examination of nutrient sources in two subestuaries at the northern rim of north-central Florida  
116 Bay: the Alligator Creek subestuary (hereafter Alligator) and the McCormick Creek subestuary (hereafter  
117 McCormick), referred to together as the Everglades Coastal Lake Systems (ECLS, Fig. 1). These two lake chains act  
118 as buffers between the Taylor slough drainage and Florida Bay and are considered a main transport vector of  
119 nutrients and chlorophyll *a* to Florida Bay (Shangquan et al., 2017; Glibert et al., 2021). The Alligator lake chain  
120 consists of West Lake, Cuthbert Lake, Long Lake, and the Lungs which leads through Alligator creek into Garfield

121 Bight, while McCormick contains Seven Palm, Middle Lake, and Monroe Lake, which leads through McCormick  
 122 creek into Terrapin Bay (Fig. 1). The northern lakes in each system receive greater freshwater inputs, derived from



**Fig. 1** A) Location of the Everglades Coastal Lake Systems (ECLS) at the northern rim of north central Florida Bay, Everglades National Park. B) Locations of sampling sites for the freshwater marsh and Florida Bay endmembers used in mixing models. C) Map of all sampling sites in the Alligator and McCormick lake systems. Horizontal lines show strata used for randomization of sites. Red star shows location of the Cuthbert Rookery.

123 both Taylor Slough ground and surface water, while the southern waterbodies are more marine-dominated due to  
 124 proximity to Florida Bay (Frankovich et al., 2011; Frankovich et al. 2012; Price et al., 2021). The greatest

125 contribution of water to both systems is direct precipitation, particularly in the wet season (June-October), with peak  
126 values exceeding 0.3 m/month of rainfall, followed by groundwater, and surface water inputs (Price et al., 2021).  
127 Groundwater discharge is highest in McCormick (2.25 m/yr) compared to only 0.65 m/yr in Alligator (Price et al.,  
128 2021). Both systems exhibit positive groundwater input throughout all months except April in McCormick and  
129 April-May in Alligator (peak of the dry season, Price et al., 2021), when instead, there is a net recharge of  
130 groundwater from the lakes. The semi-enclosed nature of the lake systems makes them susceptible to eutrophic  
131 conditions as they have limited flushing capabilities, allowing for the buildup of nutrients, particularly in Alligator  
132 (Frankovich et al., 2011; Frankovich et al., 2012).

133 The limited freshwater inflow and structural connectivity of Alligator results in seasonally high salinity levels  
134 (>50 ppt) and high-water residence times (estimated at ~ 6 months; Price, 2021; Shangguan et al. 2017a).  
135 Additionally, Alligator contains a bird rookery on a mangrove island in the center of Cuthbert Lake (Ogden et al.  
136 2014, Fig. 1). The rookery was the site of a historical bird megacolony (Ogden et al. 2014), with wading birds  
137 estimated around 6,000 individuals annually (Job, 1905; Chapman, 1908), and today acts as a colony for a much  
138 lower number of wading birds consisting primarily of Wood Storks and Great Egrets that have an annual abundance  
139 of approximately 400 individuals (Cook & Baranski, 2019; Cook & Baranski, 2021; M.C. Cook, personal  
140 communication, 2024). Similar bird rookeries have been shown to result in increased nutrient concentrations  
141 (Wainright et al., 2008). Alligator has trophic state index values ranging from 54 to 64 characterizing it as a  
142 eutrophic system that exhibits high water column nutrient concentrations, persistent algal blooms, low light  
143 availability to the benthos, and less diverse submerged aquatic vegetation (SAV) cover (Frankovich et al., 2012;  
144 Frankovich et al., 2017; Eggenberger et al., 2019). In contrast, McCormick is closer to the flow path of Taylor  
145 Slough and is comprised of relatively short, open, channels connecting the lake chain to Florida Bay. These  
146 topographic characteristics make for greater hydrologic connectivity to both freshwater inflow and Florida Bay.  
147 Consequently, McCormick has lower salinity levels, lower water residence times (4-5 months; Price, 2021; Price,  
148 2022), and trophic state index values ranging from 40 to 44, classifying it as mesotrophic with lower nutrients,  
149 salinities, and phytoplankton concentrations (Frankovich et al., 2017, Eggenberger et al., 2019).

## 150 *2.2 Seasonal Sampling*

151 Microalgae samples were collected from 71 samplers deployed seasonally across the ECLS (Fig. 1), at two  
152 freshwater endmember sites located in the marsh upstream of the ECLS (n=9 samples), and at a marine endmember  
153 site located just south of Garfield Bight (n=3 samples, Fig. 1B). The respective endmember sites provided isotopic  
154 values indicative of freshwater and marine nutrients. The two marsh sites were located in freshwater marshes at the  
155 Taylor Slough bridge and upstream of Alligator (685 m from West Lake). Within the ECLS, we used a stratified  
156 random sampling design for site selection, which allowed for a fine-scale spatial variation gradient (Fig. 1C). Each  
157 waterbody was delineated into three equally-sized strata, and sites were randomly selected within each stratum (with  
158 a 600 m buffer around each site). The upstream lakes (West, Cuthbert, Seven Palm) and the downstream bays  
159 (Garfield Bight and Terrapin Bay) had a greater number of sites (10-12 sites) to account for both their larger surface  
160 area and for sites of interest, while the middle lakes had fewer sites due to their relatively small size ( $< 2 \text{ km}^2$ ; 3 sites  
161 each, Fig. 1C). A site of interest in Alligator was the Cuthbert Rookery. Samplers were randomly distributed within  
162 a 50 m radius around the rookery (n=3 sites). Bird excrement was also sampled from the Cuthbert Rookery (n=4  
163 replicates). This sampling scheme totaled 79 samples per season.

164 Sampling was conducted in the hydrologic wet (Sept-Feb) and dry (Mar-Aug) seasons of 2020-2021, at times  
165 matching the maximum and minimum freshwater inflows (Appendix 1). During both seasons, samplers were  
166 deployed for 3-week sampling periods, where algae grew in situ. Wet season sampling took place from late October  
167 through early November 2021. Due to sampling failure stemming from a portion of algal samplers tipping over with  
168 high winds, 16 of the 71 sites were redeployed in mid-November to early December, a time frame still within the  
169 yearly salinity minimum (Appendix 1). Dry season sampling took place in the 3-week period of late April into early  
170 May 2022. At all sites, salinity, temperature, and dissolved oxygen (DO) measurements were taken using a YSI  
171 probe, while turbidity was measured with a Secchi disk at both sampler deployment and pickup (Appendix 2).

172 In aquatic environments, artificial substrate sampling is a useful technique for assessing water quality  
173 (Biggs & Kilroy, 2000). Artificial substrate provides homogeneous conditions in size, handling and age of algal  
174 growth surfaces, removing unwanted substratum and temporal variability associated with naturally collected  
175 samples (Biggs & Kilroy, 2000; Costanzo et al., 2001; Francoeur et al., 2013). In our study, we deployed an  
176 artificial substrate sampler at each of the 71 sampling sites. We constructed algal samplers using 2 plates of  
177 plexiglass and a PVC stake (Appendix 3A-B). Samplers were deployed with the top plate at 30 cm from the surface

178 to ensure a consistent supply of light and free-flowing water across the substrate surface which are the preferred  
179 conditions for algal growth (Biggs & Kilroy, 2001). Following the three-week soak period in both seasons,  
180 microalgae growth was scraped from plexiglass slides upon collection, and stored in a sampling bag on ice. Upon  
181 return to the lab, samples were frozen at  $-20^{\circ}\text{C}$  until processed.

182 Bird excrement was hand collected from the Cuthbert rookery in Cuthbert Lake. Excrement was scraped  
183 from mangrove leaves on the rookery, and birds were identified at the time of sampling. This included Cormorants  
184 and White Egrets ( $n = < 10$ ) in the wet season, and White Egrets ( $n = \sim 100$ ), Wood Storks ( $n = \sim 50$ ), and  
185 Cormorants ( $n = \sim 20$ ) in the dry season. Samples were stored in whirl-paks on ice, then frozen at  $-20^{\circ}\text{C}$  until  
186 processed.

### 187 *2.3 Laboratory analyses*

188 The samples were defrosted and run through a 100-micron sieve into a 1000 ml beaker using deionized  
189 water to separate any detritus or shell material from microalgae. A subsample of microalgae was then vacuum  
190 filtered through a pre-combusted 47 mm Whatman GF/F filter. The filtered samples were then dried at  $55^{\circ}\text{C}$  in a  
191 drying oven for 48 h and then scraped before weighing them. Samples were weighed out between 2.0 to 3.0 mg and  
192 placed in 5 x 9 mm silver capsules for  $\delta^{13}\text{C}$  analysis and in 5 x 9 mm tin capsules for  $\delta^{15}\text{N}$  and  $\delta^{34}\text{S}$  analysis.  
193 Samples in silver capsules used for  $\delta^{13}\text{C}$  analysis were decarbonated using 5% hydrochloric acid to remove ambient  
194 calcium carbonate (Chanton & Lewis 1999). Cuthbert rookery samples were carefully scraped to separate excrement  
195 from mangrove leaf and branch material. Samples were then dried at  $55^{\circ}\text{C}$  for 48 h and ground to a powder using a  
196 ceramic mortar and pestle. Powdered samples were then weighed out between 0.5 to 0.7 mg and placed in 5 x 9 mm  
197 tin cups for  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  analysis.

198  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$  isotopic abundances were determined using elemental combustion analysis on a Carlo Erba  
199 1108 coupled to a DeltaV Plus isotope ratio mass spectrometer via a Conflo IV interface at Florida International  
200 University. A total of 150 samples were analyzed for C and N including 118 algal samples from the ECLS, 24 algal  
201 samples from the marsh and bay end members, and 8 bird excrement samples.  $\delta^{34}\text{S}$  was analyzed at the Woods Hole  
202 Marine Biological Stable Isotope Laboratory using a Europa 20-20 continuous-flow isotope ratio mass spectrometer  
203 interfaced with a Europa ANCA-SL elemental analyzer. Due to logistical constraints, only a subset of samples were  
204 analyzed for S totaling 70 samples including 58 algal samples from the ECLS and 12 samples from the upland

205 marsh endmember. The analytical precision based on replicate analyses of isotopically homogeneous international  
206 standards is +/- 0.3 ‰ for the  $\delta^{34}\text{S}$  measurement. The results are presented in standard delta notation as parts per  
207 thousand (‰), using international standards of atmospheric nitrogen (air,  $\text{N}_2$ ), Vienna PeeDee Belemnite (V-PDB)  
208 for carbon, and Vienna-Canyon Diablo Troilite for sulfur.

## 209 *2.5 Data Analyses*

210 Statistical tests were run using Bayesian mixing models in R version 4.2.1 (R Core Team, 2021) using the  
211 package MixSIAR (v3.1.1, Stock et al., 2018) to determine the relative nutrient source contributions to algal samples  
212 at each site sampled throughout the ECLS. MixSIAR utilizes a Markov Chain Monte Carlo (MCMC) Bayesian  
213 framework to sample from the posterior distribution of the model parameters, which in this case is the nutrient  
214 source contributions (Stock et al. 2018). Models were run for each season with  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$  values of algae from  
215 each site set as a fixed factor and the source values derived from the mean  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$  of the marsh and bay  
216 endmembers combined between seasons. Although Lamb (2007) reports a 2–4‰ fractionation factor for nitrogen  
217 assimilation in algae, and  $\delta^{13}\text{C}$  and  $\delta^{34}\text{S}$  also exhibit minimal fractionation during uptake (Glibert et al., 2019), no  
218 fractionation corrections were applied. All samples used in the model represent primary producers, primarily  
219 composed of diatoms (microscope observation, Appendix 4), collected in situ using standardized methods and thus  
220 are assumed to have experienced similar fractionation processes. This consistency across endmembers and mixture  
221 sites allows for direct comparison of isotopic values without the need for applying correction factors. Ordinary  
222 kriging was used to interpolate the geographic distribution of the mean  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ , and  $\delta^{34}\text{S}$  patterns across both  
223 seasons throughout the ECLS for all 118 algal samples collected. Furthermore, ordinary kriging interpolations were  
224 used to present the mean proportion of freshwater marsh vs marine bay contributions to each site across both  
225 seasons within the ECLS. The ordinary kriging method of interpolation uses a weighted moving average that's  
226 informed by a semivariogram output to produce interpolations. Ordinary kriging estimates unknown cell values  
227 across space by using spatial correlation such that cells near each known point are given more weight than those  
228 farther away (Fletcher & Fortin, 2018).

## 229 **3. Results**

### 230 *3.1 Environmental Conditions*

231 Environmental conditions during sampling varied seasonally and across the ECLS, with salinity and  
232 dissolved oxygen showing the highest variation (Appendix 2). Salinity in Alligator (dry = 21.80‰ and wet =  
233 15.94‰) and McCormick (dry = 26.02‰ and wet = 19.02‰) varied similarly between seasons with higher salinity  
234 in the dry compared to the wet season. As expected, salinity was higher in bays and lowest in upstream lakes. DO  
235 levels varied slightly between seasons, and instead varied strongly across systems (Alligator = 5.73 mg/L and  
236 McCormick = 8.08 mg/L), with the lowest DO observed in the Lungs in the dry season (3.2 mg/L). McCormick had  
237 higher light transparency than Alligator (0.62 m vs. 0.49 m), with the lowest transparency also at the Lungs (0.35  
238 m). Temperatures stayed relatively consistent across systems (Alligator = 27.14°C vs. McCormick = 26.77°C), with  
239 little seasonal variation.

### 240 *3.2 Bulk Isotopic Composition and Spatiotemporal Variation*

241 Microalgal  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ , and  $\delta^{34}\text{S}$  values varied across systems and seasons but remained in the expected  
242 isotopic range for estuarine primary producers (Fry et al., 2006; Bouillon et al., 2011; Peterson et al., 1986) (Table 1;

243 Appendix 5). The overall mean across all samples was  $-23.28\text{‰}$  for  $\delta^{13}\text{C}$ , and  $3.10\text{‰}$  for  $\delta^{15}\text{N}$  (Table 1).

244 There was greater variation in  $\delta^{13}\text{C}$  than  $\delta^{15}\text{N}$ , with  $\delta^{13}\text{C}$  ranging between  $-15.55\text{‰}$  to  $-34.20\text{‰}$  across all  
245 microalgae samples, whereas  $\delta^{15}\text{N}$  values ranged between  $0.05\text{‰}$  and  $6.41\text{‰}$ . Mean  $\delta^{34}\text{S}$  values for algae ranged  
246 from  $-10.9\text{‰}$  to  $19.6\text{‰}$ , with the overall mean value at  $7.27\text{‰}$ . Across systems, isotopic values were similar with  
247 Alligator being more depleted than McCormick in  $\delta^{15}\text{N}$  ( $+2.90\text{‰}$  vs.  $+3.22\text{‰}$ ), and more enriched than McCormick

**Table 1.**  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ , and  $\delta^{34}\text{S}$  values (means  $\pm$  SD) for all algal samples in both seasons throughout the study system, along with mixing model results using the  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$  values to determine the proportion of bay and marsh source nutrient inputs to the ECLS.

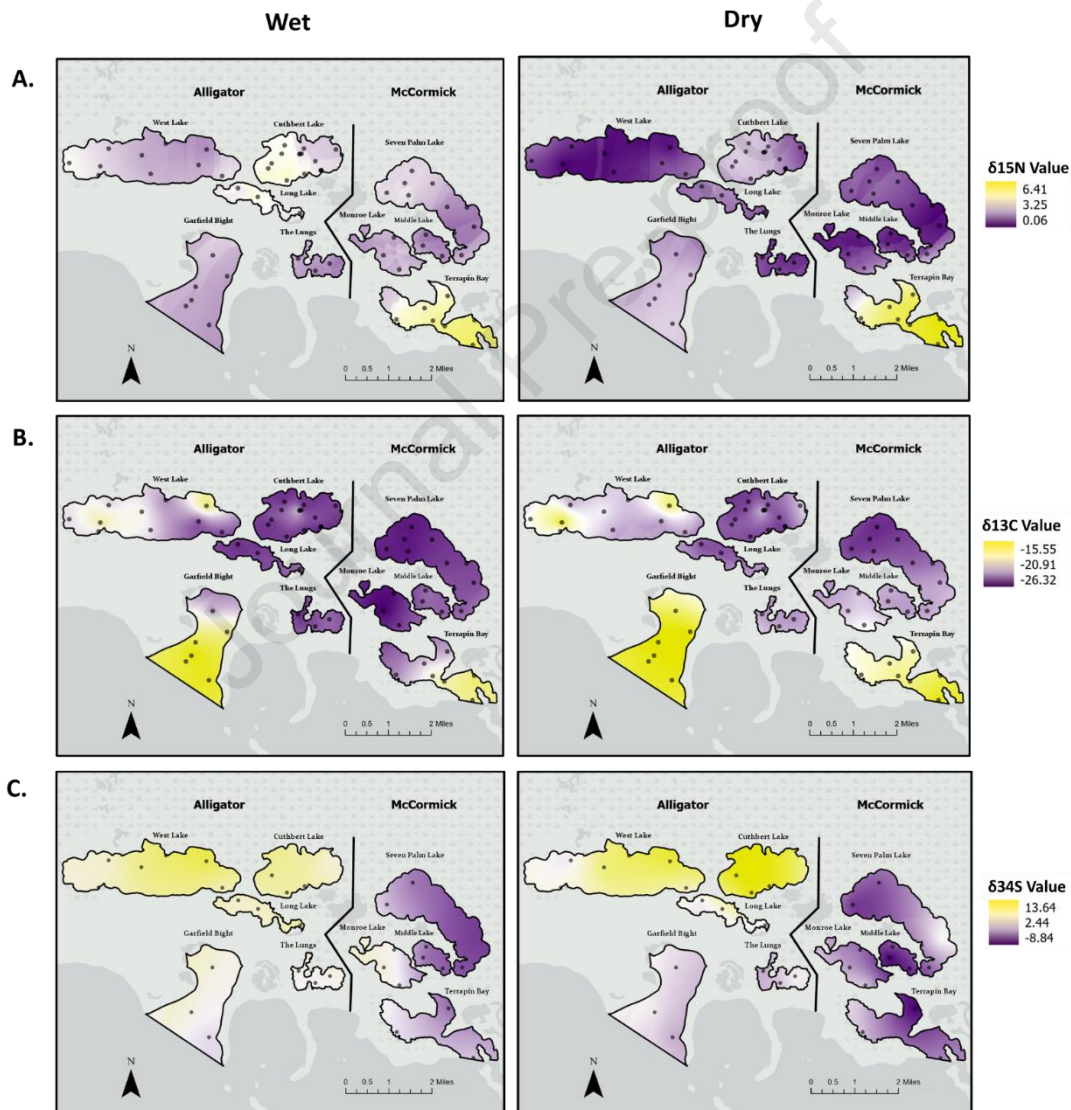
Season	Stable Isotope Results			Lake	Mixing Model Results	
	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{34}\text{S}$		Bay	Marsh
<b>Taylor Slough Endmember</b>						
Wet	3.32 ± 0.89	-30.67 ± 2.09	14.32 ± 2.81	Marsh		
Dry	4.05 ± 1.09	-30.49 ± 2.55	11.50 ± 4.18	Marsh		
<b>Alligator</b>						
Wet	2.97 ± 0.87	-21.86 ± 1.75	7.00 ± 7.91	West Lake	0.60 ± 0.14	0.40 ± 0.14
Dry	2.16 ± 1.11	-20.78 ± 1.93	6.75 ± 4.34	West Lake	0.73 ± 0.11	0.27 ± 0.11
Wet	3.61 ± 1.65	-24.92 ± 0.31	6.70 ± 1.65	Cuthbert Lake	0.37 ± 0.03	0.63 ± 0.03
Dry	2.88 ± 0.63	-24.12 ± 1.08	13.47 ± 0.84	Cuthbert Lake	0.49 ± 0.09	0.51 ± 0.09
Wet	3.22 ± 0.92	-24.67 ± 0.74	3.53 ± 2.46	Long Lake	0.39 ± 0.06	0.61 ± 0.06
Dry	2.45 ± 0.45	-23.73 ± 1.08	2.27 ± 1.53	Long Lake	0.53 ± 0.09	0.47 ± 0.09
Wet	2.64 ± 0.30	-24.67 ± 0.62	1.17 ± 0.75	The Lungs	0.40 ± 0.04	0.60 ± 0.04
Dry	2.41 ± 0.12	-22.64 ± 0.07	0.97 ± 2.34	The Lungs	0.61 ± 0.01	0.39 ± 0.01
Wet	2.98 ± 0.34	-18.39 ± 2.33	2.17 ± 3.26	Garfield Bight	0.78 ± 0.18	0.22 ± 0.18
Dry	3.10 ± 0.50	-16.94 ± 1.11	0.97 ± 1.76	Garfield Bight	0.87 ± 0.07	0.13 ± 0.07
<b>Cuthbert Rookery</b>						
Wet	2.69 ± 0.49	-23.34 ± 1.15	NA	Microalgae		
Dry	3.22 ± 0.71	-22.58 ± 1.24	NA	Microalgae		
Wet	7.36 ± 0.53	-25.67 ± 4.37	NA	Bird Excrement		
Dry	6.63 ± 0.73	-28.12 ± 3.34	NA	Bird Excrement		
<b>McCormick</b>						
Wet	3.07 ± 0.51	-25.19 ± 0.54	-4.97 ± 2.68	Seven Palm	0.36 ± 0.04	0.64 ± 0.04
Dry	2.62 ± 0.65	-24.02 ± 1.17	-2.60 ± 6.07	Seven Palm	0.51 ± 0.10	0.49 ± 0.10
Wet	2.39 ± 0.27	-24.26 ± 0.14	-5.67 ± 4.27	Middle Lake	0.44 ± 0.01	0.56 ± 0.01
Dry	2.44 ± 0.41	-22.54 ± 0.35	-7.53 ± 3.17	Middle Lake	0.62 ± 0.03	0.38 ± 0.03
Wet	3.40 ± 0.25	-25.73 ± 0.02	6.17 ± 1.47	Monroe Lake	0.32 ± 0.04	0.68 ± 0.04
Dry	2.02 ± 0.29	-21.23 ± 0.98	-1.03 ± 2.68	Monroe Lake	0.72 ± 0.06	0.28 ± 0.06
Wet	4.15 ± 0.82	-21.05 ± 1.86	-1.13 ± 5.44	Terrapin Bay	0.66 ± 0.14	0.34 ± 0.14
Dry	4.52 ± 1.07	-18.56 ± 1.09	-3.97 ± 5.33	Terrapin Bay	0.86 ± 0.04	0.14 ± 0.04
<b>Florida Bay Endmember</b>						
Wet	2.81 ± 0.24	-17.26 ± 0.84	NA	Bay		
Dry	3.05 ± 0.13	-16.16 ± 0.10	NA	Bay		

248

249

250 in both  $\delta^{13}\text{C}$  (-22.12‰ vs. -22.83‰) and  $\delta^{34}\text{S}$  (+4.65‰ vs. -2.60‰). Wading Bird excrement collected as  
 251 a potential N source ranged in  $\delta^{15}\text{N}$  values between 6.63‰ to 10.15‰ and in  $\delta^{13}\text{C}$  between -22.06‰ and -31.20‰.

252 Throughout the ECLS, algal  $\delta^{13}\text{C}$  values showed different spatial patterns between the two lake systems but  
 253 were consistently enriched in the dry season (Fig. 2B, Table 1). In Alligator,  $\delta^{13}\text{C}$  values were on average -23.87‰  
 254 in the wet and -21.80‰ in the dry season, while in McCormick,  $\delta^{13}\text{C}$  values averaged -22.75‰ in the wet and -  
 255 21.51‰ in the dry season. In McCormick, we also saw a strong pattern of increasing  $\delta^{13}\text{C}$  enrichment from the  
 256 northern fresher waterbody (Seven Palm) to the southern saltier bay (Terrapin Bay) that was consistent seasonally,



**Fig. 2** Ordinary kriging interpolations showing spatial variation in a)  $\delta^{15}\text{N}$ , b)  $\delta^{13}\text{C}$ , and c)  $\delta^{34}\text{S}$  algal values in the wet and dry seasons across the ECLS. Dots show all sampling sites used in interpolations

257 except for Monroe Lake in the wet season having the most depleted values (Fig. 2b). In Alligator, instead of

258 following a gradient,  $\delta^{13}\text{C}$  values were enriched at the bay site and the uppermost lake (West Lake), with more  
259 depleted values elsewhere (Cuthbert, Long Lake, and The Lungs). Across waterbodies,  $\delta^{13}\text{C}$  was most variable in  
260 West and Monroe Lake and the bay sites, Terrapin Bay and Garfield Bight (Fig. 2b).

261 In contrast to  $\delta^{13}\text{C}$ ,  $\delta^{15}\text{N}$  showed low spatial variability, but a consistent, although less pronounced,  
262 seasonal pattern (Fig. 2a, Table 1).  $\delta^{15}\text{N}$  values were slightly enriched in the wet season in both systems (Alligator  
263 wet = 3.12‰ and dry = 2.68‰; and McCormick wet = 3.35‰ and dry = 3.09‰). Across waterbodies, the most  
264 enriched  $\delta^{15}\text{N}$  values were observed in Terrapin Bay, while the largest seasonal shift was seen in Monroe Lake  
265 (Table 1).  $\delta^{15}\text{N}$  values were the most variable in West Lake and Terrapin Bay, particularly in the dry season (Fig.  
266 2a).

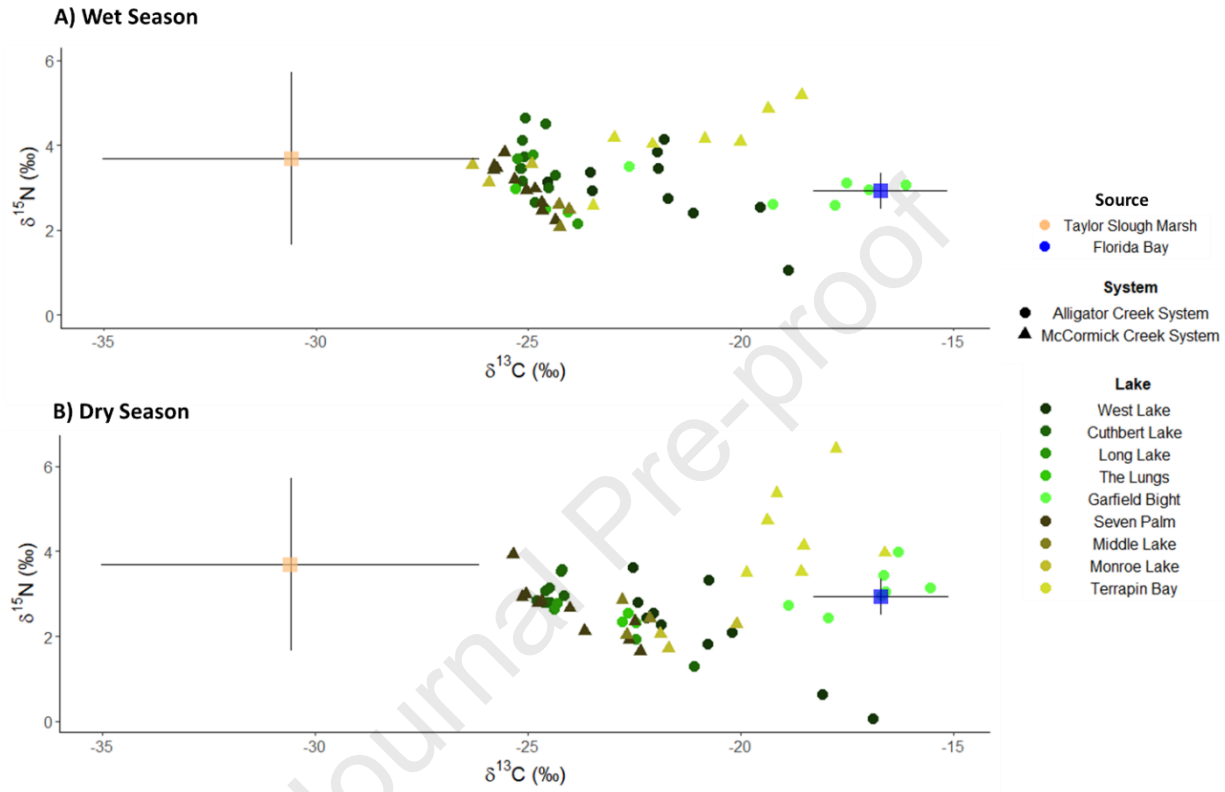
267 For  $\delta^{34}\text{S}$ , we observed contrasting patterns across the lake systems, and inconsistent seasonal differences  
268 (Fig. 2c, Table 1). On average,  $\delta^{34}\text{S}$  values were more enriched in Alligator (wet = 4.29‰ vs. dry = 5.00‰) when  
269 compared to McCormick which displayed more depleted  $\delta^{34}\text{S}$  values (wet = -1.40‰ vs. dry = -3.83‰). The biggest  
270 seasonal shifts were observed in Monroe and Cuthbert lakes and were relatively minor elsewhere. In Alligator, we  
271 observed a marked north-south gradient of enriched to depleted values, while McCormick generally had a more  
272 uniform distribution of relatively depleted values (Fig. 2c).

273 For the freshwater marsh and Florida Bay endmembers,  $\delta^{15}\text{N}$  values were 3.69‰ and 2.93‰ respectively;  
274 which were similar to  $\delta^{15}\text{N}$  values found throughout the ECLS (Table 1). Marsh and bay endmembers  $\delta^{13}\text{C}$  values  
275 were -30.6‰ and -18.7‰ respectively, showing the expected marked variation between marsh and bay-derived C  
276 (Fig. 3). For  $\delta^{34}\text{S}$ , marsh values were enriched, at 12.91‰. And while  $\delta^{34}\text{S}$  at the Florida Bay endmember was not  
277 measured due to logistic constraints, mean  $\delta^{34}\text{S}$  values taken from the combination of Garfield Bight and Terrapin  
278 Bay sites fell at -0.49‰. All three isotopes showed little variation in the endmember sites and were consistent  
279 between seasons.

280 Last, microalgae samples collected in the proximity of the Cuthbert Rookery had mean isotope values of  
281 +2.69‰ and +3.22‰ for  $\delta^{15}\text{N}$ , and -23.34‰ to -22.57‰ for  $\delta^{13}\text{C}$  in the wet and dry season, respectively (Table 1).  
282 These values did not differ from those of algae collected elsewhere in Cuthbert Lake (Fig. 2). In contrast, bird  
283 excrement samples taken from the rookery had more enriched  $\delta^{15}\text{N}$  values (wet = +6.63‰ and dry = +7.36‰), and  
284 more depleted  $\delta^{13}\text{C}$  values (wet = -28.12‰ and dry = -25.67‰).

285 3.3 Bulk mixing contributions and spatiotemporal variation

286 Mixing model results showed that the C and N nutrient load to the ECLS was derived from both marsh and bay  
 287 sources, with a consistently higher contribution of bay nutrients (Table 1). In Alligator, the bay contribution was  
 288 59% relative to 41% marsh contribution, while in McCormick, bay contribution was 56% relative to 44% marsh



**Fig. 3** Biplots of mean algal  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$  values across the a) wet and b) dry seasons for each water body (shades of green are means for the Alligator waterbodies while shades of brown are mean values for the McCormick waterbodies). Shown are also mean (and SD) for the marsh and bay endmembers

289 contribution. In both systems, seasonal shifts caused a greater contribution of bay nutrients in the dry season, while  
 290 the wet season had a close to equal mixture of bay and marsh influence. The increased marine contribution in the dry  
 291 season resulted in a 66% bay contribution in both Alligator and McCormick, whereas in the wet season, the bay  
 292 contribution was lower, at 52% in Alligator vs. 45% in McCormick. Spatially, nutrient contributions followed an  
 293 expected trend of greater marsh contribution in the northern lakes to greater bay contribution in the southern  
 294 waterbodies (Fig. 3). In Alligator, the greater wet season marsh influence was observed throughout the lakes, except  
 295 in West Lake, which had a wet season bay contribution of 60%. In contrast, McCormick showed a pattern of greater  
 296 marsh influence in the wet season in Seven Palm, which declined in Middle Lake, and then increased again in

297 Monroe Lake (Table 1, Fig. 3). In the dry season, McCormick showed equal bay and marsh contributions in Seven  
298 Palm Lake and an increasing pattern of bay influence downstream.

#### 299 **4. Discussion**

300 Globally, coastal and estuarine ecosystems are experiencing increased nutrient loads that hinder ecosystem  
301 health and function (Paerl et al., 2014; Malone & Newton, 2020). The Florida Bay ecosystem faces these same  
302 threats as changing freshwater flow regimes have been implicated in driving increases in ammonium ( $\text{NH}_4^+$ ) and  
303 dissolved organic nitrogen (DON) (Shangguan et al., 2017a; Glibert et al., 2021). Here, we used  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ , and  $\delta^{34}\text{S}$   
304 to identify seasonal sources of nutrients driving production in the Alligator and McCormick systems, located at the  
305 northern rim of Florida Bay. We found that the nutrient load within both systems was seasonally driven by upstream  
306 and downstream sources. Mixing models showed that C and N loads were derived from both marsh and bay sources,  
307 with a greater contribution of marsh sources in the wet season and greater bay influence in the dry season. As  
308 anticipated, a pronounced marsh nutrient influence was observed in upstream water bodies, whereas a more  
309 substantial bay nutrient influence was evident downstream within these two lake chains, with the exception of West  
310 Lake.

##### 311 *4.1 Distinguishing Nutrient Contributions*

312 Hydrologic inputs that can transport nutrient loads to this system include precipitation and surface and  
313 groundwater flows from both upstream (freshwater marshes in Taylor Slough) and downstream (Florida Bay)  
314 endmembers. Alternative processes of nutrient transport to this system include biological  $\text{N}_2$  fixation, internal  
315 recycling processes, and legacy nutrients derived from bird excrement. These sources are all expected to vary in  
316 their isotopic values providing a useful proxy for source determination (Savoie et al. 1987; McClelland & Valiela,  
317 1997; Bohlke et al., 2003; Corbett et al., 1999). This isotopic variation is the result of fractionation, which occurs as  
318 physical, chemical, and biological processes sort isotope species with varying nuclei mass (Sigman & Casciotti,  
319 2001). This principle has been successfully applied in nearby Biscayne Bay, Florida, where Swart et al. (2013)  
320 identified land-derived anthropogenic inputs as the dominant nutrient source based on distinct isotopic signatures,  
321 while excluding fertilizers as a major contributor.

322 Identifying the unique isotopic values of different nutrient sources is a crucial first step in differentiating their  
323 contributions to estuarine environments. Source  $\delta^{15}\text{N}$  values in South Florida for atmospheric deposition range  
324 between  $-7\text{‰}$  to  $+1\text{‰}$ , whereas groundwater discharge values range from  $+2\text{‰}$  to  $+8\text{‰}$  and  $\text{N}_2$  fixation values are  
325 close to  $0\text{‰}$  (Savoie et al. 1987; Macko & Ostrom, 1994; McClelland & Valiela, 1997; Katz & Bohlke, 2000;  
326 Bohlke et al., 2003; Bruland & Mackenzie, 2010). Isotopic values of animal waste and bird excrement have been  
327 reported to fall within a relatively enriched range of  $+10\text{‰}$  to  $+20\text{‰}$  (Wainright et al., 1998; McClelland & Valiela,  
328 1998). However, excrement collected at the Cuthbert rookery had slightly lower  $\delta^{15}\text{N}$  values, with means of  $+6.63\text{‰}$   
329 and  $+7.36\text{‰}$  in the dry and wet seasons, respectively. Surface water  $\delta^{15}\text{N}$  values were determined from assimilated  
330  $\delta^{15}\text{N}$  values taken from our algae samples at the endmember sites, which ranged between  $+3\text{‰}$  to  $+4\text{‰}$ . Lastly,  
331 internal nitrogen recycling is hypothesized to be primarily driven by the seasonal decomposition of the dominant  
332 submerged aquatic vegetation (SAV) species, *Chara hornemannii* (Owens et al. 2021). An ongoing study has  
333 determined the mean nitrogen isotopic signatures of *Chara* within the ECLS to be between  $+1\text{‰}$  and  $+2\text{‰}$  (Santos et  
334 al., unpublished data), and the remineralization of organic nitrogen to ammonia generally has small fractionation  
335 affects around  $\sim 0\text{‰}$  (Brandes and Devol, 2002; Kendall, 1998; Lamb, 2007) to  $-2.5\text{‰}$  (Möbius, 2013).

336 The majority of samples in our study (94%, 132 out of a total of 141 samples) exhibited  $\delta^{15}\text{N}$  values consistent  
337 with nitrogen originating from surface water and groundwater sources encompassing freshwater marshes and Florida  
338 Bay. The remaining 9 samples have values between  $0\text{‰}$  and  $2\text{‰}$  which is more consistent with N derived from  $\text{N}_2$   
339 fixation, atmospheric deposition, and organic matter decomposition. The N source that showed a strong deviation  
340 away from the expressed  $\delta^{15}\text{N}$  values are legacy nutrients derived from excrement from the Cuthbert rookery, a  
341 historic wading bird megacolony (Ogden et al., 2014). Nesting bird colonies on island rookeries have been shown to  
342 produce high nutrient loads, through defecation, which can alter hydrochemical function in surrounding areas as far  
343 as 10 km away (Golovkin & Garkavaya 1975; Staunton Smith & Johnson 1995; Wainwright et al., 1998; Kolb et al.,  
344 2010). The collected excrement samples were more enriched than the algal values surrounding the rookery ( $+3.22\text{‰}$   
345 in the wet and  $+2.69\text{‰}$  in the dry season). This deviation in values points to legacy nutrients not having a major  
346 influence on N loads to Alligator.

347 The majority of algal samples within the ECLS fell within the isotopic range of marsh and bay derived nutrient  
348 transport (Appendix 5). Although,  $\text{N}_2$  fixation, atmospheric deposition, and internal recycling can also contribute to

349  $\delta^{15}\text{N}$  values that mix with surface and groundwater inputs, we posit that this is a less significant nutrient  
350 contribution. This conclusion is supported by the observed spatial variations in  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$ , which exhibit a north-  
351 south gradient, suggesting that water flow is the primary mode of nutrient transport through the system. This aligns  
352 with the established principle that inputs of nutrients to coastal wetlands occur via biologic and geologic pathways,  
353 however, hydrologic input usually dominates (Likens et al., 2013). Although we expect multi-source nutrient inputs,  
354 this data highlights flow regimes as the principal mechanism transporting nutrients within the ECLS.

#### 355 *4.2 Origins of flow-derived nutrients*

356  $\delta^{15}\text{N}$  values in our study indicate that the primary N inputs include surface and/or groundwater flow from both  
357 Florida Bay and freshwater marshes. However,  $\delta^{15}\text{N}$  alone cannot definitively distinguish between these two  
358 sources. To achieve more precise source identification within estuarine environments, we can utilize additional  
359 stable isotope tracers like  $\delta^{13}\text{C}$  and  $\delta^{34}\text{S}$ . These tracers offer complementary information due to the distinct  
360 biogeochemical processes that influence their isotopic values in various source environments, particularly in  
361 estuaries (O'Leary, 1988; Chanton and Lewis, 1999; Connolly et al. 2004).  $\delta^{13}\text{C}$  and  $\delta^{34}\text{S}$  values have proven to be a  
362 valuable tool for tracking nutrient resources across the Everglades estuarine gradient (Fry and Smith, 2002; Rezek et  
363 al., 2020). This effectiveness stems from the significant isotopic variation that occurs along the salinity gradient,  
364 reflecting the transition from freshwater to marine ecosystems.

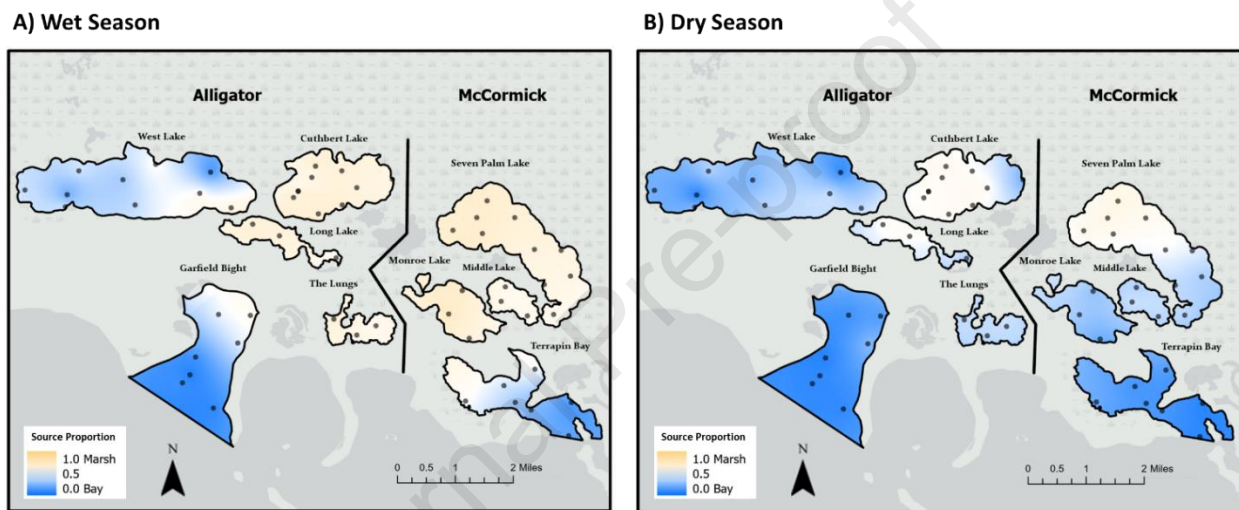
365 Studies of marsh hydrology have shown that surface water flow from west of ECLS is negligible (Sutula et al.,  
366 2001), leaving surface water inflows primarily driven by managed inputs from Taylor Slough and the L31W and C-  
367 111 canal basins to the east. Rudnick et al. (1999) showed that approximately 90% and 60% of N and P,  
368 respectively, are removed from surface water entering Taylor Slough. Thus, we expect that marsh surface flows  
369 primarily contain nutrients derived from the decomposition of autochthonous plant material in the marsh region  
370 closely preceding the ECLS. This is supported by the fact that freshwater entering Florida Bay tends to be rich in  
371 organic material, with high DON and DOC (Glibert et al. 2009; Shangguan et al. 2017a; Wilson et al., 2018). Our  
372 marsh algal samples were relatively depleted in  $\delta^{13}\text{C}$  and enriched in  $\delta^{34}\text{S}$ . This depletion in  $\delta^{13}\text{C}$  is characteristic of  
373 an organic-rich environment, where respiration of organic material in the water column and sediments can cause  
374 significant  $^{13}\text{C}$ -depletion of the DIC pool (Chanton and Lewis, 1999). In contrast, marsh algal  $\delta^{34}\text{S}$  values were the

375 most enriched samples collected, indicating the presence of sulfate derived from diffusion and oxidation of sulfide to  
376 sulfate in the sediment and shallow groundwater (Orem et al., 2011).

377 Groundwater flow of nutrients through the karst limestone underlying the Everglades has been shown to  
378 provide as much N and P as surface water to Florida Bay (Fennema et al., 1994; Corbett et al., 1999; Saha et al.,  
379 2011). In the ECLS, groundwater inputs are a greater contributor to water than surface flows (Price et al., 2021). N  
380 and C in groundwater are likely sourced from marsh nutrients, as there is presumably natural organic matter  
381 mineralization seeping through the immediately overlying sub-aqueous carbonate sediments (Shinn et al., 1994;  
382 Bohlke et al., 2003). Similarly, the enriched  $\delta^{34}\text{S}$  values in our marsh algal samples are indicative of groundwater-  
383 sourced sulfate. Thus, although we did not collect N, C, and S isotopic samples from groundwater, we can assume  
384 that groundwater would fall into the  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ , and  $\delta^{34}\text{S}$  isotopic range of the overlying marsh. Thus, we consider  
385 the upland marsh endmember values in our mixing models to represent both surface and groundwater flow of  
386 nutrients to the ECLS (Fig. 5).

387 On the other hand, the Florida Bay endmember has a direct connection with the ECLS at the southern extent of  
388 both Alligator and McCormick. Here, tidal flow is minimal, such that flow into the lakes from the bay is primarily  
389 wind-driven (Glibert et al., 2009; Eggenberger et al., 2019), and reverse flow of bay waters upstream has the  
390 potential to transport nutrient loads into the ECLS. Florida Bay endmember algal  $\delta^{13}\text{C}$  values were enriched,  
391 possibly indicating DIC sourced from decomposing seagrass (typically between -10‰ to -15‰; Fourqurean et al.,  
392 2005).  $\delta^{34}\text{S}$  values were not measured at the Florida Bay end member, but adjacent sites in Garfield Bight and  
393 Terrapin Bay were depleted, which may represent  $\delta^{34}\text{S}$  of the bay environment. Depleted  $\delta^{34}\text{S}$  values may be  
394 indicative of the assimilation of rainwater sulfate (+5‰; Orem et al., 2011) or benthic-pelagic coupling of  
395 sedimentary sulfides (~-24‰; Connolly et al., 2004).

396 ECLS nutrients could be differentiated as being derived from the freshwater marshes or Florida Bay using  $\delta^{13}\text{C}$   
 397 and  $\delta^{15}\text{N}$  in a two-endmember mixing model. However,  $\delta^{34}\text{S}$  values displayed limitations as a tracer in this system.  
 398 Unlike  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ ,  $\delta^{34}\text{S}$  values fell outside the range encompassed by the mixing model, particularly in the  
 399 McCormick system, where they exhibited consistently depleted isotopic values throughout. This spatial uniformity  
 400 suggests minimal influence from isotopically distinct sulfur sources and renders  $\delta^{34}\text{S}$  an unsuitable tracer within the  
 401 ECLS. Although upstream and downstream sources were not widely separated in  $\delta^{15}\text{N}$  isotopic space, they were  
 402 separated well in  $\delta^{13}\text{C}$  space, allowing for the mixing model to differentiate primary nutrient inputs across both



**Fig. 4** Spatial variation in the contribution of bay and marsh nutrients across the ECLS in the a) wet and b) dry seasons. Spatial variation is shown with ordinary kriging interpolations of the mixing model results.

403 space and time. The observed mixing model results followed expected trends such that greater freshwater derived  
 404 nutrients entered the ECLS in the wet season compared to marine-derived nutrients that primarily influenced the  
 405 system in the dry season (Fig. 5). It is important to note that while the mixing model accounts for natural variation in  
 406 source and mixture isotopic values through probabilistic frameworks, they do not provide definitive source  
 407 identifications; our results offer a general understanding of dominant nutrient loading contributions rather than a  
 408 complete accounting of all potential sources (Bedard-Haughn et al. 2003; Kendall et al., 2008).

#### 409 4.3 Seasonal shifts and spatial gradients

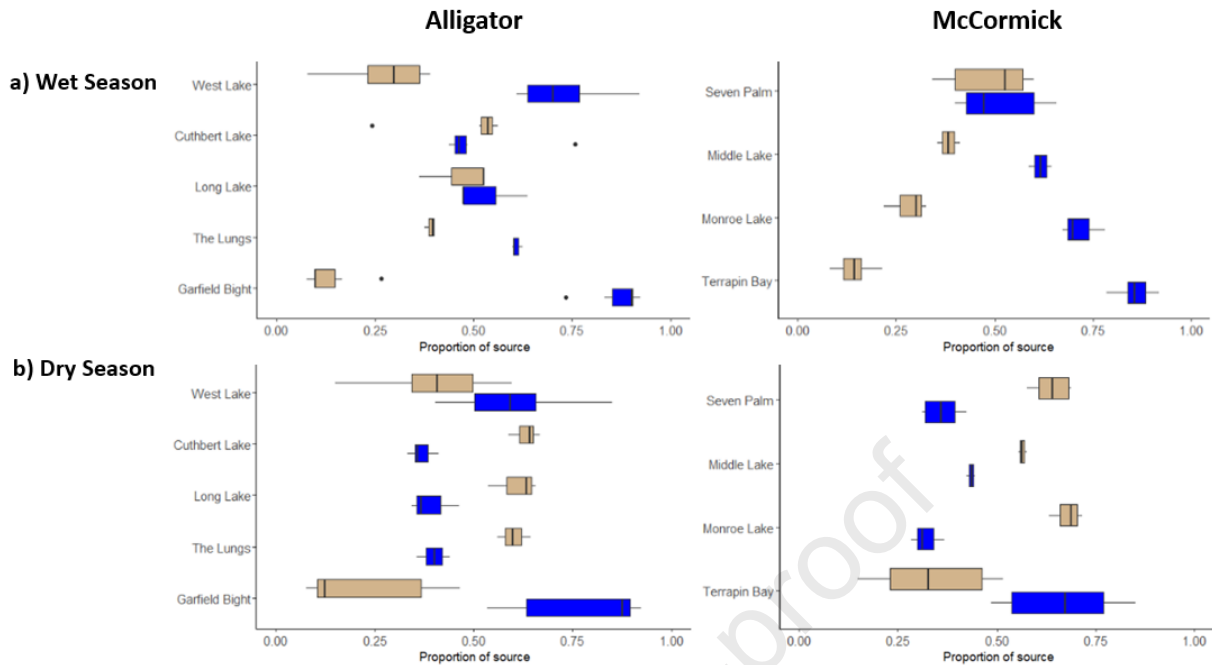
410 While flow regimes appear to be the primary driver of isotopic patterns across space in our study, seasonal  
 411 shifts in values suggest subtle changes in the nutrient regime that may reflect additional processes. Systemwide  $\delta^{15}\text{N}$   
 412 values followed a trend of more depleted values in the dry season and enriched values in the wet season. This

413 observed shift may be attributed to seasonal shifts in nutrient concentrations or seasonal mortality events of *Chara*.  
414 Unpublished data recorded from 2006-2018 from the ECLS showed higher TN concentrations in the dry season in  
415 Alligator (dry = 166.93  $\mu\text{M}$  and wet = 132.83  $\mu\text{M}$ ) and in McCormick (dry = 80.24  $\mu\text{M}$  and wet = 73.0  $\mu\text{M}$ )  
416 (Frankovich, unpubl. data). The availability of N in the surrounding DIN pool can have a considerable influence on  
417 the fractionation of N assimilated in a producer, such as algae, affecting the overall interpretation of  $\delta^{15}\text{N}$   
418 measurements (Fourqurean et al., 2005). Greater N availability in the dry season allows for increased fractionation  
419 to occur, where algae preferentially assimilate  $^{14}\text{N}$  over  $^{15}\text{N}$  and inherently exhibit more depleted  $\delta^{15}\text{N}$  values.  
420 Fourqurean et al. (2005) recorded a similar seasonal pattern of isotopically light values in turtle grass (*Thalassia*  
421 *testudinum*) in winter, when reduced plant growth requires lower N and there are higher concentrations of N  
422 available to producers. Seasonal variation in N concentrations may also result from shifts in submerged aquatic  
423 vegetation coverage. The dominant submerged aquatic vegetation in the ECLS is *Chara hornemannii*, whose  
424 abundance is strongly regulated by seasonal changes in salinity (particularly those above 25 psu; Frankovich et al.,  
425 2011; 2012). Dry season increases in salinity drive seasonal *Chara* die-off events that lead to elevated  $\text{NH}_4^+$  effluxes  
426 and phytoplankton blooms (Owens et al., 2021). Decomposition of *Chara* and phytoplankton through microbial  
427 degradation causes  $\delta^{15}\text{N}$  enrichment in the residual POM, and  $\delta^{15}\text{N}$  depletion in the surrounding  $\text{NH}_4^+$  pool (Liu et  
428 al., 1996). Most phytoplankton preferentially uptake  $\text{NH}_4^+$  (Montoya et al., 1991; Velinsky & Fogel, 1999; Maguer  
429 et al., 2000), so it is possible that our samples show slightly depleted  $\delta^{15}\text{N}$  values due to the assimilation of relatively  
430 depleted remineralized  $\text{NH}_4^+$ . In contrast,  $\delta^{13}\text{C}$  values showed a trend of enrichment in the dry season relative to the  
431 wet, likely driven by a shift between marsh-derived carbon entering the ECLS in the wet season and greater marine-  
432 derived carbon during the dry season.

433 In contrast to the seasonality of  $\delta^{13}\text{C}$  and  $\delta^{15}\text{N}$ , algal  $\delta^{34}\text{S}$  did not vary between wet and dry seasons. Instead,  
434  $\delta^{34}\text{S}$  showed marked spatial variation. Although  $\delta^{34}\text{S}$  has the capability to differentiate sources of water entering a  
435 system of interest (Connolly et al., 2004), it may prove an ineffective marker due to the greater influence of marine-  
436 sourced sulfate relative to freshwater sulfates in estuarine habitats (Fry et al., 2002). Pelagic microalgae favors the  
437 assimilation of seawater sulfate due to its greater availability at higher concentrations (generally  $\sim 28$  mM; Fry et al.,  
438 2002), rather than the uptake of freshwater sulfate (often  $< 0.2$  mM; Fry et al., 2002) in all but the lowest salinity  
439 estuarine waters ( $< 1$  PSU; Fry et al., 2002).  $\delta^{34}\text{S}$  values have been shown to remain uniform across estuaries with  
440 open connection to marine waters, making it an unsuitable tracer of water entering these estuaries (Fry et al., 2002).

441 McCormick has relatively open, short channels connecting the lakes with Florida Bay (Frankovich et al., 2012;  
442 Eggenberger et al., 2019), and our results suggest that McCormick is functioning in this manner, with a uniform  
443 isotopic signal that is relatively depleted in  $\delta^{34}\text{S}$ , similar to values in the downstream bay. Ultimately, although  
444 McCormick receives greater freshwater from Taylor Slough compared to Alligator, it also has a greater connection  
445 to Florida Bay, presumably allowing for higher concentrations of seawater sulfate, which masks the ability of  $\delta^{34}\text{S}$  to  
446 act as a tracer. In contrast, Alligator shows a gradient of more enriched  $\delta^{34}\text{S}$  in upstream lakes to more depleted  
447 values downstream which may be a result of the long, slender creeks which can inhibit the mixing of water masses  
448 (Frankovich et al. 2011). The configuration of Alligator potentially allows for the separation of seawater and  
449 freshwater-derived sulfate across space, allowing producers to uptake and differentiate fresh vs. marine-derived  
450 sulfate.

451 Overall, both systems appear to receive nutrients from the same hydrological mechanisms, receiving greater  
452 marsh derived nutrient contributions in the wet season and greater bay contributions in the dry season (Fig. 6). We  
453 expect that the hydrologic characteristics of the lake systems directly regulate nutrient loading mechanisms across  
454 the north-to-south gradient in the lake chains. Both systems show a greater influence of marsh-derived C and N in  
455 the northern water bodies, while the southern waterbodies are more influenced by Florida Bay nutrients. This  
456 finding agrees with Price (2022), where surface waters in both McCormick and Alligator are described as a mixture  
457 of upland marsh and Florida Bay waters, further suggesting hydrologic processes as nutrient transport mechanisms  
458 to the ECLS. Yet, West Lake and Monroe Lake deviate from these gradients. West Lake exhibits greater bay  
459 influence than expected given its upstream placement. An ECLS water budget (Price, 2021) describes West Lake as  
460 having the least surface water and groundwater input, with main hydrologic inputs instead stemming from rainwater  
461 and Florida Bay surface water. These findings point to the possibility that an influx of bay nutrients into West Lake



**Fig. 5** Boxplot showing variation in the contribution of marsh and bay nutrient sources across waterbodies in Alligator and McCormick in the a) wet and b) dry seasons.

462 during the dry season is not flushed out by wet season freshwater influence due to its limited connectivity. Monroe  
 463 Lake also stood out as an exception, showing a wet season increase in marsh nutrients despite its downstream  
 464 placement. This matches water budget data where Monroe Lake has an unknown water source, suspected to be the  
 465 result of either an influx of groundwater discharge or overland flow (Price, 2021).

## 466 5. Summary and implications

467 Ongoing hydrologic restoration efforts aim to increase freshwater flows to the coastal Everglades and Florida  
 468 Bay (Sklar et al. 2019), and there is a need to understand the role of increased flows on nutrient regimes. The  
 469 objective of this study was to determine the major nutrient contributions and pathways to the ECLS with the goal of  
 470 gaining a better understanding of how changing freshwater flow dynamics will influence regional nutrient regimes.  
 471 Our findings indicate nutrient inputs derived primarily from upstream marsh and downstream bay water sources.  
 472 Upstream freshwater flow transports reactive forms of N that could increase N loading to the ECLS. Nutrient  
 473 enrichment of these waters could increase general productivity of the system and enhance the possibility of  
 474 phytoplankton blooms in north-central Florida Bay. At the same time, increased flows will also result in a variety of  
 475 ecological changes that may act as a buffer to N loading into Florida Bay. For instance, increased freshwater flow  
 476 has been shown to reduce the maximum dry season salinities (Sklar et al., 2019), promoting SAV diversity and

477 community stability throughout the ECLS (National Academies of Sciences, Engineering, and Medicine, 2022).  
478 SAV is a keystone community in Florida Bay that provides many important physicochemical functions aiding in  
479 sediment stabilization, nutrient assimilation, and reducing benthic nutrient exchange to the water column (Yarbro  
480 and Carlson 2008; Glibert et al., 2009; Owens et al., 2021). The ability of SAV to sequester nutrients and counteract  
481 nutrient loading impacts with continued restoration initiatives needs further consideration.

482         This study highlights the vulnerability of estuaries worldwide to excess nutrient loading from land-based  
483 sources. Such inputs can significantly alter water quality and disrupt the stability of aquatic flora and fauna.  
484 Estimates suggest that nearly a quarter of human-driven nitrogen delivered to coastal watersheds ultimately reaches  
485 estuaries (Malone & Newton, 2020). Our findings further underscore the utility of  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ , and  $\delta^{34}\text{S}$  as effective  
486 tracers for investigating nutrient sources, transport pathways, and the overall nutrient regime within coastal  
487 ecosystems. By elucidating these processes, this research provides valuable information that can inform targeted  
488 mitigation strategies and guide efforts to reduce nutrient loads, ultimately promoting the health and sustainability of  
489 our coastal environments.

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**505 Competing Interests**

506 The authors have no conflict of interest to declare.

**507 Author Contributions**

508 All authors contributed to the study conception and design. Material preparation and data collection were performed  
509 by Joshua Linenfelser. Data analysis was performed by Joshua O. Linenfelser and W. Ryan James. The first draft  
510 was written by Joshua O. Linenfelser and all authors provided comments on previous versions of the manuscript. All  
511 authors read and approved the final manuscript.

**512 Data Availability**

513 Once accepted for publication, all data will be stored in a data repository.

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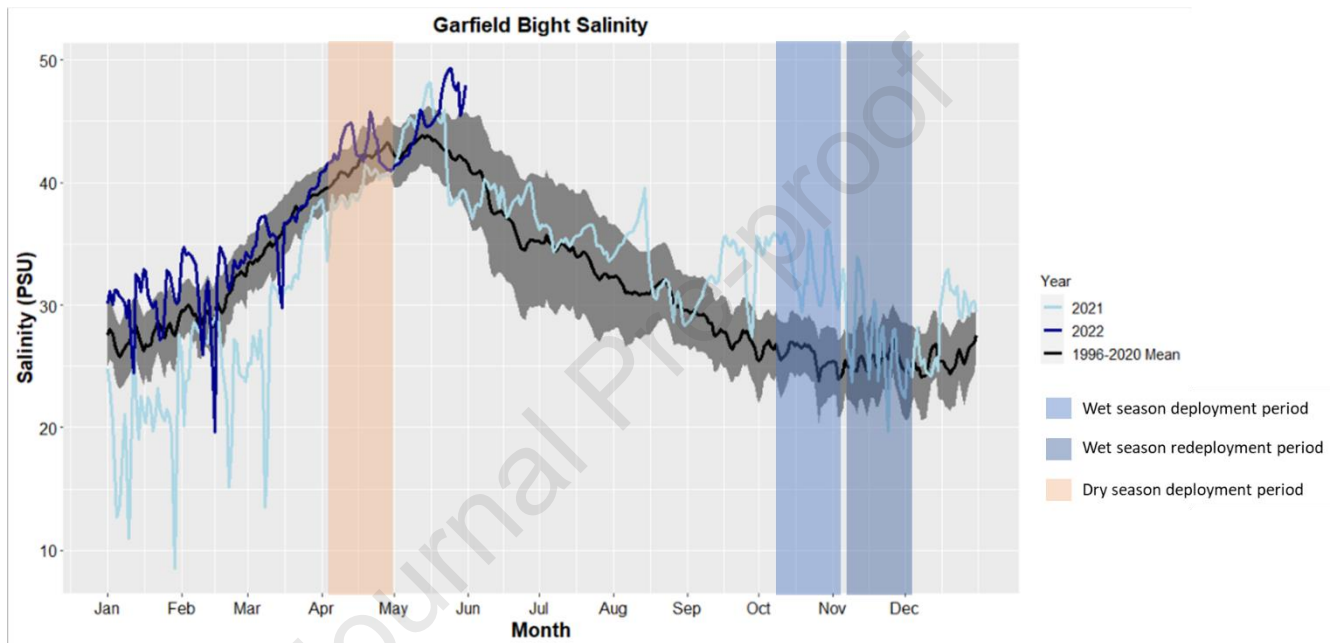
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751 **Appendices**

752 **Fig. A.1** Salinity conditions at the Garfield Bight hydrological station at the time of sampling in 2021-2022 (blue  
753 lines), relative to the 24-year mean (and 95% confidence interval in grey shading). In the ECLS, the wet season and  
754 corresponding minimum salinity lags behind rainfall, such that the lowest salinity is observed in October-December,  
755 while maximum salinity is observed in April-May. Highlighted areas correspond to periods of algal sampling, which  
756 targeted the yearly salinity maximum and minimum.

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762 **Fig. A.2** Environmental conditions (means  $\pm$  SD) across all waterbodies at the time of seasonal sampling.

System & Lakes	Season	Salinity (PSU)	Secchi Depth (m)	Temperature (c)	Dissolved Oxygen (mg/L)
<b>Upland Marsh Endmember</b>					
Marsh	Wet	0.73 $\pm$ 0.95	0.77 $\pm$ 0.23	27.70 $\pm$ 0.60	7.51 $\pm$ 2.60
Marsh	Dry	1.97 $\pm$ 2.61	0.52 $\pm$ 0.14	24.78 $\pm$ 2.78	2.40 $\pm$ 0.88
<b>Alligator</b>					
West Lake	Wet	12.27 $\pm$ 0.47	0.59 $\pm$ 0.10	25.18 $\pm$ 3.40	5.80 $\pm$ 1.30
West Lake	Dry	13.96 $\pm$ 1.04	0.45 $\pm$ 0.07	28.76 $\pm$ 2.04	5.64 $\pm$ 1.94
Cuthbert Lake	Wet	12.10 $\pm$ 0.35	0.52 $\pm$ 0.06	26.27 $\pm$ 2.94	6.72 $\pm$ 1.73
Cuthbert Lake	Dry	13.48 $\pm$ 1.14	0.47 $\pm$ 0.07	29.14 $\pm$ 1.25	6.73 $\pm$ 1.59
Long Lake	Wet	12.42 $\pm$ 0.49	0.45 $\pm$ 0.05	26.37 $\pm$ 3.74	6.63 $\pm$ 0.87
Long Lake	Dry	32.08 $\pm$ 7.46	0.45 $\pm$ 0.05	30.07 $\pm$ 1.26	5.03 $\pm$ 0.96
The Lungs	Wet	17.37 $\pm$ 2.44	0.37 $\pm$ 0.08	26.03 $\pm$ 4.21	6.80 $\pm$ 0.64
The Lungs	Dry	39.17 $\pm$ 13.32	0.33 $\pm$ 0.05	29.78 $\pm$ 1.32	3.19 $\pm$ 1.92
Garfield Bight	Wet	28.70 $\pm$ 3.96	0.48 $\pm$ 0.22	23.90 $\pm$ 3.39	3.67 $\pm$ 1.90
Garfield Bight	Dry	44.84 $\pm$ 1.65	0.52 $\pm$ 0.07	26.71 $\pm$ 3.42	4.17 $\pm$ 1.66
<b>McCormick</b>					
Seven Palm	Wet	13.05 $\pm$ 1.37	0.64 $\pm$ 0.06	25.11 $\pm$ 1.76	7.18 $\pm$ 0.70
Seven Palm	Dry	16.86 $\pm$ 1.76	0.64 $\pm$ 0.09	27.01 $\pm$ 0.62	6.18 $\pm$ 0.49
Middle Lake	Wet	16.03 $\pm$ 1.93	0.52 $\pm$ 0.04	26.12 $\pm$ 1.67	7.16 $\pm$ 1.38
Middle Lake	Dry	23.88 $\pm$ 1.59	0.63 $\pm$ 0.05	28.02 $\pm$ 0.52	6.69 $\pm$ 0.74
Monroe Lake	Wet	20.25 $\pm$ 1.96	0.43 $\pm$ 0.05	26.28 $\pm$ 1.78	7.55 $\pm$ 1.72
Monroe Lake	Dry	30.48 $\pm$ 2.12	0.60 $\pm$ 0.06	28.22 $\pm$ 0.32	6.43 $\pm$ 1.24
Terrapin Bay	Wet	28.29 $\pm$ 4.26	0.71 $\pm$ 0.23	26.35 $\pm$ 2.56	6.90 $\pm$ 0.74
Terrapin Bay	Dry	36.14 $\pm$ 1.13	0.87 $\pm$ 0.23	28.59 $\pm$ 0.61	6.58 $\pm$ 1.02
<b>Florida Bay Endmember</b>					
Bay	Wet	34.30 $\pm$ 2.41	0.95 $\pm$ 0.16	23.28 $\pm$ 2.10	5.08 $\pm$ 0.76
Bay	Dry	43.53 $\pm$ 0.06	0.30 $\pm$ 0.00	24.00 $\pm$ 0.17	5.28 $\pm$ 0.24

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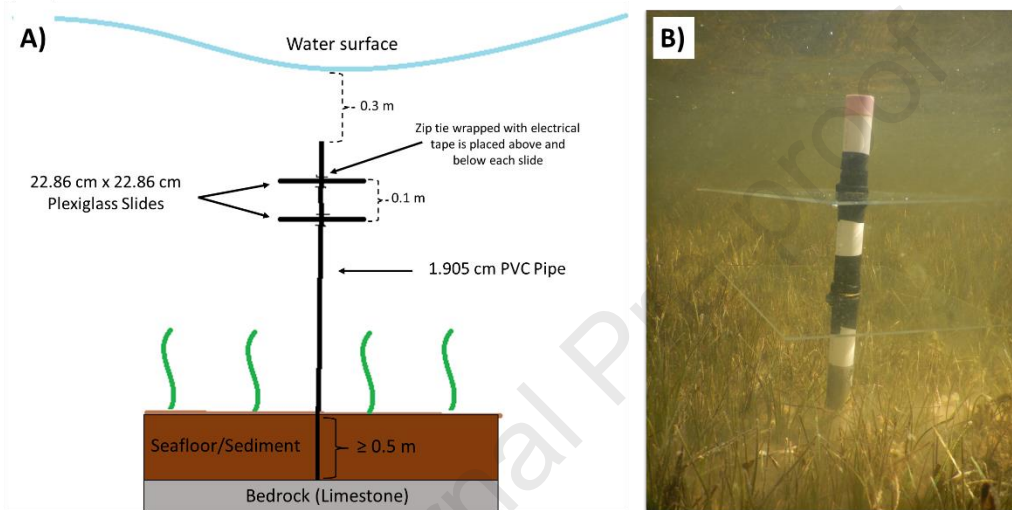
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767 **Fig. A.3** Depiction of an algal sampler. A) Each sampler consisted of two 22.86 cm x 22.86 cm clear acrylic  
 768 plexiglass zip tied and taped to a 1.9 m PVC pipe staked in the sediment. The plexiglass plates were identical and  
 769 were spaced 10 cm apart. The PVC was cut to size such that it could be staked down through the sediment to the  
 770 bedrock, at least 0.5 m, and would position the plexiglass to sit exactly 30 cm below the water line. All samplers  
 771 were constructed anew for each sampling event. B.) Image of sampler staked in sediment.

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783 **Fig. A.4** Microscopic image of algae samples collected on artificial substrates, illustrating that the community was  
784 dominated by diatoms; this was consistent across sites.



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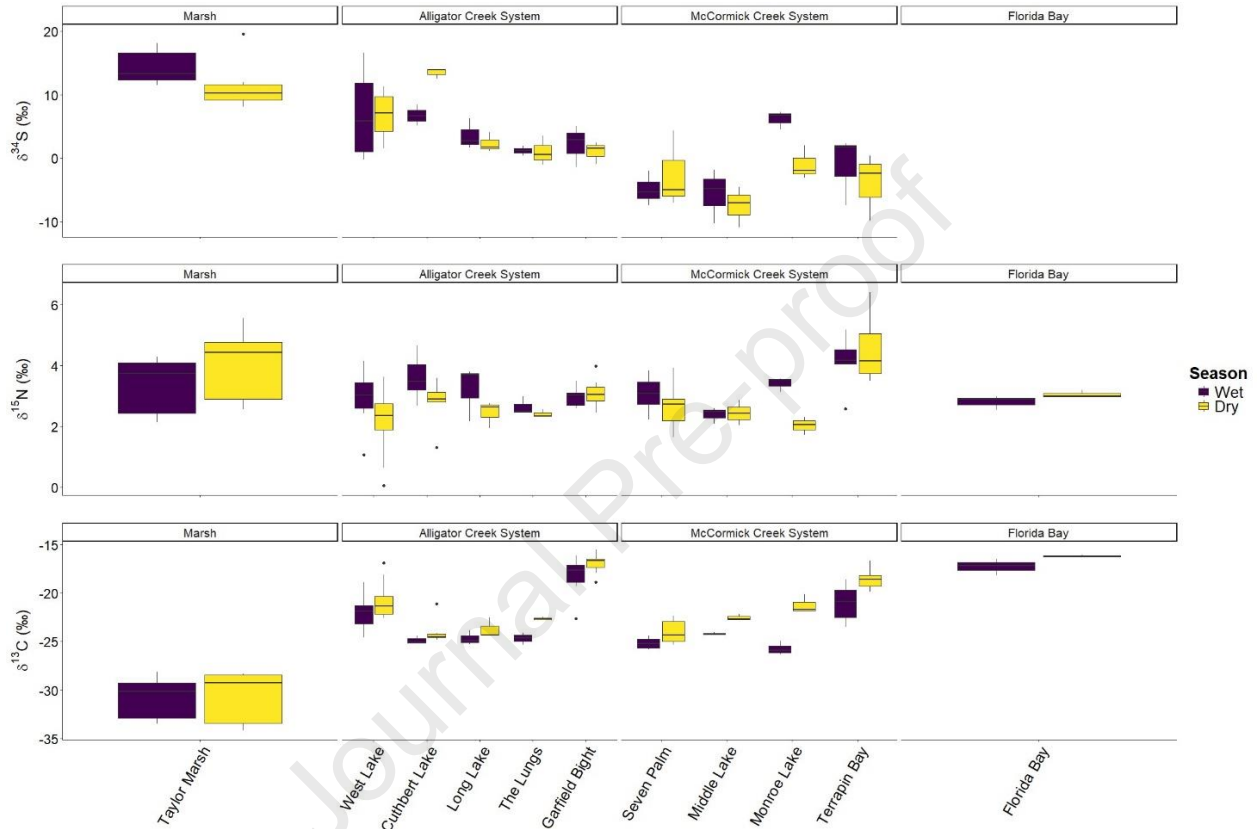
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792 **Fig A.5** Boxplot representing the distribution of  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ , and  $\delta^{34}\text{S}$  across all lakes and both endmembers within  
 793 the study system. The central line within each box indicates the median value, while the lower and upper edges of  
 794 the box represent the first and third quartiles, respectively. The whiskers extend to 1.5 times the interquartile range  
 795 (IQR) from the lower and upper quartiles, with outliers depicted as individual points beyond this range.



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**Table 1.**  $\delta^{15}\text{N}$ ,  $\delta^{13}\text{C}$ , and  $\delta^{34}\text{S}$  values (means  $\pm$  SD) for all algal samples in both seasons throughout the study system, along with mixing model results using the  $\delta^{15}\text{N}$  and  $\delta^{13}\text{C}$  values to determine the proportion of bay and marsh source nutrient inputs to the ECLS.

Season	Stable Isotope Results			Lake	Mixing Model Results	
	$\delta^{15}\text{N}$	$\delta^{13}\text{C}$	$\delta^{34}\text{S}$		Bay	Marsh
<b>Taylor Slough Endmember</b>						
Wet	3.32 $\pm$ 0.89	-30.67 $\pm$ 2.09	14.32 $\pm$ 2.81	Marsh		
Dry	4.05 $\pm$ 1.09	-30.49 $\pm$ 2.55	11.50 $\pm$ 4.18	Marsh		
<b>Alligator</b>						
Wet	2.97 $\pm$ 0.87	-21.86 $\pm$ 1.75	7.00 $\pm$ 7.91	West Lake	0.60 $\pm$ 0.14	0.40 $\pm$ 0.14
Dry	2.16 $\pm$ 1.11	-20.78 $\pm$ 1.93	6.75 $\pm$ 4.34	West Lake	0.73 $\pm$ 0.11	0.27 $\pm$ 0.11
Wet	3.61 $\pm$ 1.65	-24.92 $\pm$ 0.31	6.70 $\pm$ 1.65	Cuthbert Lake	0.37 $\pm$ 0.03	0.63 $\pm$ 0.03
Dry	2.88 $\pm$ 0.63	-24.12 $\pm$ 1.08	13.47 $\pm$ 0.84	Cuthbert Lake	0.49 $\pm$ 0.09	0.51 $\pm$ 0.09
Wet	3.22 $\pm$ 0.92	-24.67 $\pm$ 0.74	3.53 $\pm$ 2.46	Long Lake	0.39 $\pm$ 0.06	0.61 $\pm$ 0.06
Dry	2.45 $\pm$ 0.45	-23.73 $\pm$ 1.08	2.27 $\pm$ 1.53	Long Lake	0.53 $\pm$ 0.09	0.47 $\pm$ 0.09
Wet	2.64 $\pm$ 0.30	-24.67 $\pm$ 0.62	1.17 $\pm$ 0.75	The Lungs	0.40 $\pm$ 0.04	0.60 $\pm$ 0.04
Dry	2.41 $\pm$ 0.12	-22.64 $\pm$ 0.07	0.97 $\pm$ 2.34	The Lungs	0.61 $\pm$ 0.01	0.39 $\pm$ 0.01
Wet	2.98 $\pm$ 0.34	-18.39 $\pm$ 2.33	2.17 $\pm$ 3.26	Garfield Bight	0.78 $\pm$ 0.18	0.22 $\pm$ 0.18
Dry	3.10 $\pm$ 0.50	-16.94 $\pm$ 1.11	0.97 $\pm$ 1.76	Garfield Bight	0.87 $\pm$ 0.07	0.13 $\pm$ 0.07
<b>Cuthbert Rookery</b>						
Wet	2.69 $\pm$ 0.49	-23.34 $\pm$ 1.15	NA	Microalgae		
Dry	3.22 $\pm$ 0.71	-22.58 $\pm$ 1.24	NA	Microalgae		
Wet	7.36 $\pm$ 0.53	-25.67 $\pm$ 4.37	NA	Bird Excrement		
Dry	6.63 $\pm$ 0.73	-28.12 $\pm$ 3.34	NA	Bird Excrement		
<b>McCormick</b>						
Wet	3.07 $\pm$ 0.51	-25.19 $\pm$ 0.54	-4.97 $\pm$ 2.68	Seven Palm	0.36 $\pm$ 0.04	0.64 $\pm$ 0.04
Dry	2.62 $\pm$ 0.65	-24.02 $\pm$ 1.17	-2.60 $\pm$ 6.07	Seven Palm	0.51 $\pm$ 0.10	0.49 $\pm$ 0.10
Wet	2.39 $\pm$ 0.27	-24.26 $\pm$ 0.14	-5.67 $\pm$ 4.27	Middle Lake	0.44 $\pm$ 0.01	0.56 $\pm$ 0.01
Dry	2.44 $\pm$ 0.41	-22.54 $\pm$ 0.35	-7.53 $\pm$ 3.17	Middle Lake	0.62 $\pm$ 0.03	0.38 $\pm$ 0.03
Wet	3.40 $\pm$ 0.25	-25.73 $\pm$ 0.02	6.17 $\pm$ 1.47	Monroe Lake	0.32 $\pm$ 0.04	0.68 $\pm$ 0.04
Dry	2.02 $\pm$ 0.29	-21.23 $\pm$ 0.98	-1.03 $\pm$ 2.68	Monroe Lake	0.72 $\pm$ 0.06	0.28 $\pm$ 0.06
Wet	4.15 $\pm$ 0.82	-21.05 $\pm$ 1.86	-1.13 $\pm$ 5.44	Terrapin Bay	0.66 $\pm$ 0.14	0.34 $\pm$ 0.14
Dry	4.52 $\pm$ 1.07	-18.56 $\pm$ 1.09	-3.97 $\pm$ 5.33	Terrapin Bay	0.86 $\pm$ 0.04	0.14 $\pm$ 0.04
<b>Florida Bay Endmember</b>						
Wet	2.81 $\pm$ 0.24	-17.26 $\pm$ 0.84	NA	Bay		
Dry	3.05 $\pm$ 0.13	-16.16 $\pm$ 0.10	NA	Bay		

**Manuscript Highlights:**

- C, N and S isotopes distinguish marsh-derived and marine-derived nutrient sources
- Isotopic values vary spatially across the marsh-bay transition in Florida Bay
- Bayesian mixing models reveal seasonally shifting nutrient transport pathways

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**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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